

“The Death of Jesus on the Cross”...

FROM THE GOSPEL ACCORDING TO - *MATTHEW* - :

“Jesus cried out again in a loud voice, and gave up his spirit...The centurion and the men with him who were keeping watch over Jesus feared greatly...and they said, ‘Truly, this was the Son of God!’”
(Matt 27:50, 54)¹

MEDITATION ON THE MYSTERY:

“And just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life” (John 3:14-15).¹ Lord, give also to us the great grace to be lifted up (every day) on the “pole” of your Will so that whoever looks at us – or the living image of Your Crucified Son within us – can believe in Him and so have eternal life! (cf. SLC, p. 364)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the humiliation of Christ crucified and his unexpected victory, St. Maximus the Confessor says: *“Here is the reason why God became perfect man...His flesh was set before that voracious, gaping dragon as bait to provoke him: flesh that would be deadly for the dragon, for it would utterly destroy him by the power of the Godhead hidden within it.”* (MAXIMUS THE CONFESSOR, in *Off. of Read.*, January 4)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

1 Our Father ...

5 Hail Mary ...

1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...